

Newbury Child and Adolescent Psychology Clinic

Newbury Child and Adolescent Psychology Clinic ADHD assessment

What does the assessment involve?

Phase 1 – Screening (we initially screen for ADHD using the following information. If we do not find significant evidence of ADHD, we will not proceed with the assessment)

1. Parent and child questionnaires
 - ADHD self-report (child)
 - SNAP (parent report)
 - ASSQ (parent report)
 - RCADS or GAD7/PHQ9 (child & parent if <16)
 - Developmental history form (parent)
2. Teacher questionnaires
 - SNAP (teacher report – ideally 4-6 teachers)

Phase 2 – Diagnostic assessment (we will only proceed with this part of the assessment if we find significant evidence of ADHD during the screening process)

1. Diagnostic assessment of ADHD (and other disorders) and developmental history (parent and child, 90 mins)
2. Qb check (computerised assessment of ADHD) (child, 30 mins)
3. School observation (observation of child in classroom)
4. Collation of other school data
5. Comprehensive report of assessment findings
6. Online meeting to discuss findings

How much does the assessment cost?

The cost of the screening phase is £270. The cost of the full assessment (including screening) is £1450. This is payable via BACS before we release the final report.

What interventions do you offer for children with ADHD?

If your child meets the diagnostic criteria for ADHD, we may be able to offer a CBT based intervention to support your child in managing their attentional difficulties, and/or impulsivity. We are also able to recommend local clinics who can provide a medication consultation if you and your child are keen to consider medication. Please note that there is likely to be a wait for a medication consultation (usually around 6-8 weeks) and an additional cost for both services.